

BDA Benevolent Fund

Advisory Council Meeting Saturday 24 April 2021



BDA Benevolent Fund

Ros Keeton Chairman



Agenda

- Welcome and introduction from the Chairman Ros Keeton
- Notes from the last meeting
- Report from the General Manager Laura Hannon
- Breakout groups
- Any other business



Housekeeping

- Please mute when not speaking.
- The informal part of the meeting is scheduled to last approx. 1 hour.
- The meeting will remain open for an extra 30 minutes to allow those that wish to talk to the Trustees or each other
- Feel free to put your questions in the chat which will be answered at the end.
- You are welcome to contact us after the meeting for any further information.



BDA Benevolent Fund

Laura Hannon General Manager



Charitable objects - who we support

The object of the Charity is to give **financial** or other help when practicable to such necessitous person's resident in the UK who in the opinion of the Trustees may be deserving of assistance and:

- 1. Whose names are or have been on the Dentists Register of the United Kingdom, or
- 2. Are dependents of such dentists, or
- 3. Are students at UK dental schools

N.B. Applicants do not need to be a member of the British Dental Association to apply for support.



What we do & how we do it...



Apply online

Automatic notification to office

Review and arrange a call to discuss

Go through and determine need and solutions
= submit to

= submit to Trustees Trustees consider application and recommendation

Decision communicated and grant made



What we do & how we do it...

Although each individual situation is different, support is usually given out for...

- Hardship funding for those at university (food, bills, rent etc)
- Housing i.e. rent/ mortgage (up to 3 months)
- Food/ essential bills/ general living costs
- Travel (home from uni/ to meetings/ work)





What we do & how we do it...

Although each individual situation is different, support is usually given out for...

- Equipment (e.g. white goods, laptops, urgent home repairs)
- Registering/ re-registering with the GDC
- Returning to/remaining in dentistry
 (e.g. 3 x months indemnity, verifiable CPD)
- Relocation costs (e.g. deposit, van hire)





Other types of support

- Signposting to other resources and available organisations/sources of help
- Financial health check and support with budgeting (+ a budget planner on our website)
- Offer free wellbeing assistance via Health Assured - access to telephone & in-person counselling and wellbeing resources online, over the phone and via an app.



Health Assured – from January 2020

Offer help for a range of issues via a 24/7 helpline, online resources or mobile application

Issues Health Assured Support

Health and lifestyle

- Physical health
- Medical information
- Mental health
- Sickness absence
- Critical incidents
- Eldercare
- Rehabilitation
- Addiction
- · Cancer survivorship
- Terminal illness

Legal information

- Probate and Wills
- Legal queries
- Caring for a dependant
- · Debt and financial
- Buying a new home
- Separation and divorce

Work life

- 'Leavism' and
 'Presenteeism'
- Managing change
- Return to work
- Bullying and harassment
- Redeployment
- Redundancy
- Retirement
- Stress

Home life

- Identity and LGBT
- Domestic abuse
- Discrimination
- Childcare
- Eldercare
- Dependent care
- Bereavement and loss
- Relationships and marital

*Please note this list is not exhaustive



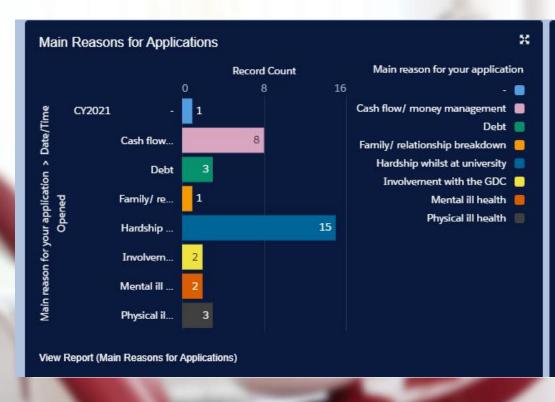
Wellbeing support for dental teams

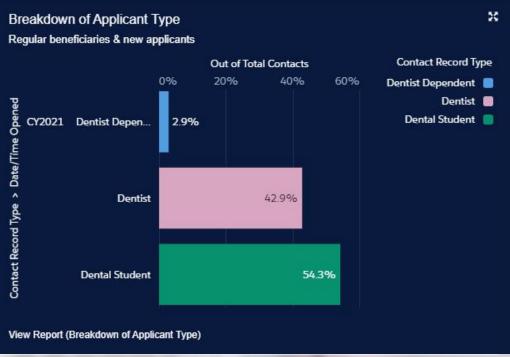


The guide to Wellbeing Support for the Dental Team IS NOW LIVE!



Support given out in 2021







Some key themes we've noticed...

Since the first lockdown in 2020, there has been an increase in applications from dental students in part explained by;

- Cessation or reduction in part time work (to make up income) due to the closure of roles usually taken on by students in term time/ holidays e.g. hospitality
- Reduction in income from parents and additional family support no longer available because of the drop in their income
- Extension of courses in some universities either by a few months or a whole year
- Student finance hasn't been adjusted/ increased to take this into account
- Student loan is already smaller for 5th years
- International/ EU students aren't often able to access the same types of help as UK student



Future plans - Research

- We've commissioned some research to look into the <u>welfare needs</u> of dental students across the UK as this information isn't already available.
- This will take the form of a online survey scheduled to be sent out in the autumn.
- From the data a report with our findings will be published.

Aims:

- 1. To learn more about the needs of students today
- 2. To make students aware of the charity for the future





Future plans - Research

We need you to help us organise, promote and share the survey through the universities, student bodies and associations, groups and committees and on social media to ensure its as successful as it can be.



Future plans – Financial education

• We would like to offer the dental students in years 1-3 and then 4-5 in each university access to an online lectures/ webinars (1st instance) and in person lectures focussing on money management and financial literacy.

Aims:

- 1. To educate and promote good financial planning and money management skills
- 2. To make students aware of the charity for the future



Future plans – Financial education

We need you to help us organise, promote and share the lectures through the universities to ensure its as successful as it can be.



Breakout groups

"How best can we promote the charity to dental students?"