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**COVID-19 - Isolation Requirements**

This updated COVID-19 self-isolation guidance applies from 17th January 2022 and applies to all those who meet the qualifying criteria below.

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| Name of Staff Member |  |
| Department |  |
| Location |  |
| Date Identified as Close Contact or Positive Case |  |

**Return to Work Criteria Checklist**

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| --- | --- |
| **Staff Member Confirmed Positive through PCR or Lateral Flow Device (LFD) Test** | **Confirm Yes** |
| Negative lateral flow test on day 6 and day 7 (24 hours apart)  For clarity if a staff member tests positive on day 6 but negative on day 7 and 8 they can return to work on day 9. This is regardless of vaccination status  If staff member continues to have a positive lateral flow test after 10 days but have not had a fever for 48 hours then they can return to work on day 11.  Following 2 consecutive negative lateral flow tests, staff are not required to take part in workplace testing (including weekly PCR) until they have reached 29 days post day 1 of symptoms or test date if had no symptoms). |  |
| Undertake risk assessment for those who work with the highest clinical risk groups including individuals on chemotherapy, who are immune-suppressed such as pre/immediately post-transplant, those who have profound immune-deficiency and other high clinical risk patients who are not vaccinated and agree alternative areas for the remainder of the 10-day period. |  |

**Please note: Staff who develop new symptoms once they return to work must get a new PCR test and isolate until result is known, regardless of when they had COVID previously.**

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| **Staff Member Confirmed as Close Contact\* (Household or Non-Household)** | **Confirm Yes** |
| Meet vaccination requirements (double-vaccinated and have received a COVID-19 booster vaccination at least 14 days prior to the last exposure to the case). |  |
| Has a negative lateral flow test. |  |
| No symptoms. |  |
| Continue with daily LFD tests prior to work on working days. Staff are reminded to record results (positive, negative and void) on the portal - http://www.covidtestingportal.scot/ and inform their manager of the result. |  |
| Continue to adhere to infection prevention and control and PPE (Personal Protective Equipment) appropriate to the setting in which they work. |  |

**If answered No to any of the above questions, then the staff member is required to isolate for 10 days.**

**\*Close Contact is defined as someone sharing or spending considerable time in a household, without social distancing or PPE; outside of a household but within one metre and without PPE or without PPE for more than 15minutes between 1-2 metres. Anyone regarded as a close contact will be notified by phone or text message or through the Protect Scotland app**