

## COVID-19 - Isolation Requirements

This updated COVID-19 self-isolation guidance applies from 6<sup>th</sup> January 2022 and applies to all those who meet the qualifying criteria below.

Name of Staff Member	
Department	
Location	
Date Identified as Close Contact or Positive Case	

### Return to Work Criteria Checklist

Staff Member Confirmed Positive through PCR or Lateral Flow Device (LFD) Test	Confirm Yes
Negative lateral flow test on day 6 and day 7 (24 hours apart) For clarity if a staff member tests positive on day 6 but negative on day 7 and 8 they can return to work from day 8. This is regardless of vaccination status	
No fever for 48 hours (38 degrees and above).	
Undertake risk assessment for those who work with the highest clinical risk groups including individuals on chemotherapy, whom are immune-suppressants such as pre/immediately post-transplant, those who have profound immune-deficiency and other high clinical risk patients who are not vaccinated and consider alternative areas for the remainder of the 10 day period.	

Staff Member Confirmed as Close Contact (Household or Non Household)	Confirm Yes
Meet vaccination requirements (double-vaccinated and have received a COVID-19 booster vaccination at least 14 days prior to the last exposure to the case).	
Has a negative PCR test.	
No symptoms.	
Continue with daily LFD tests: <b>to be taken on the morning prior to attending work</b> . Staff are reminded to record results (positive, negative and void) on the portal - <a href="http://www.covidtestingportal.scot/">http://www.covidtestingportal.scot/</a> and inform their manager of the result.	
Continue to adhere to infection prevention and control and PPE appropriate to the setting in which they work.	

If a staff member has previously tested positive by PCR for COVID-19 they should continue to LFD test. The previous requirement of not having to LFD test within 90 days of a positive test no longer applies. If a staff member tests positive on LFD or develops symptoms they should follow guidance for positive case above.

**If answered No to any of the above questions then the staff member is required to isolate for 10 days.**