

communication

Issue (7) March 2022

ORAL HEALTH DIRECTORATE NEWS

“Working with our partners to deliver the best possible oral health services”

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Message from Lisa Johnston, General Manager

After a stormy February, we look towards the warmer days that springtime brings. Daffodils and crocuses are popping up with cheer. The last Sunday of March highlights the changing of the clocks, bringing more daylight and hope of sunnier days. That time will also bring a period of change in Oral Health as I move to pastures new and the leadership of the Directorate changes hands. So please join me in welcoming Lisa Dorrian back to our team but this time into the position of General Manager. More to follow from Lisa in a future edition of OHD News!

The coming of the warmer days of spring are not all we celebrate. The Celebrating Success Staff Awards Event took place during the evening of 23rd February. Information from the event including winners and a chance to watch the event can be accessed [here](#).

As this is my final message to you all I'd like to take this opportunity to thank you for your support to me in my roles within the Directorate. It's hard to believe that 7 years have passed since I joined the team, so much has changed for me both personally and professionally during that time. Many of us have had to change the way in which we fulfil our roles, whether it be how we work; our place of work; or with different colleagues, however everyone has remained committed to delivering services and the best possible care to our patients, often in the most challenging circumstances. With the changes that are afoot, I'm sure the Directorate will continue to grow and develop and improve the way services are delivered so that patients receive the best care possible. You have much to be proud about and I am honoured to have been part of the team.

However, it is important to remember that we must look out for each other and for our own wellbeing and be kind. Each edition of OHD News contains information on staff wellbeing. Please do take time to access the various methods of support available.



Focus on: Senior Leadership Team, Regional Services

Invitation to all OHD staff to meet with the Senior Leadership Team, Regional Services

All staff are being invited to join a virtual session with the Senior Leadership Team from Regional Services and Oral Health Directorate on **Thursday 17th March at 1pm** via Microsoft Teams (MST).

The purpose of this session is:

- to update staff on current issues and developments within the Health Board/Directorate
- to give all staff the opportunity to ask/discuss any topics that are important to them with senior staff.

This session is open to staff of all grades and disciplines working within the Oral Health Directorate.

We plan to run similar sessions in the future; however, I hope that many of you will be able to join us for this first session on 17th March at 1pm.

I look forward to seeing many of you at the session, link to join is below!

Best wishes,

Arwel

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Join with a video conferencing device

28485375@t.plcm.vc

Video Conference ID: 128 076 655 6

[Alternative VTC instructions](#)

Or call in (audio only)

[+44 20 3443 8791](#), [774146871#](#) United Kingdom, London

Phone Conference ID: 774 146 871#

[Find a local number](#) | [Reset PIN](#)



Change in LFD testing frequency for healthcare workers

The Scottish Government has now advised that all Healthcare workers can revert back to twice weekly Lateral Flow Device (LFD) testing as opposed to the current testing on a daily basis.

We have sufficient LFT kits available and many have been distributed to local areas. We do however require assurance that they are being used by our staff and in line with this updated guidance. As such it's important that all staff not only test twice weekly, preferably prior to their shift, but also that they record their LFT results, whether positive, negative or inconclusive on the [Online Portal](#).

If your details have changed since you first registered (i.e. you have changed job or location), please check your details and update them, by simply logging into the [Online Portal](#) and click on 'Update your Personal Details'. This helps us ensure we're accurately reporting staff use within NHSGGC.

As restrictions within the community continue to ease it's important to remember that there are still safety measures in place, which we need to follow so that we can continue to enjoy this return to a more normal social life. Regular twice weekly testing and reporting of results is a key way of ensuring we're doing all we can to keep ourselves, our patients and colleagues safe, so thank you for your ongoing support.

Lateral Flow Tests - Available to all staff working on site

Speak to your line manager about where to collect your test kit, then:



Register
your kit



Test
twice per week



Record
your results

Keep your colleagues and patients safe from COVID-19

Help stop the spread!

Always report your LFD result - even if it's negative



Remember to report your results at:
<https://nhsnss.service-now.com/covidtesting>

Dental Bites

Following the call for abstracts for the NHS Scotland Event 2022, we have received a number of submissions for approval, and we are currently in the process of making final amendments prior to submission. The Oral Health Directorate have a good record of presenting at the NHS Scotland Events in recent years and this year looks to continue the trend. There are some excellent pieces of work submitted from across the Public Dental Service and Secondary Care. We hope to be able to provide an update on successful submissions in the near future. For further information regarding this please contact Michael McGrady, Consultant in Dental Public Health, Oral Health Directorate, Stobhill Hospital, 300 Balgrayhill Road, Glasgow G21 3UR, Tel - 0141 201 4212, Email – Michael.Mcgrady@ggc.scot.nhs.uk.

The NHS Scotland Event is one event in a busy calendar of conferences throughout the year. You may receive notifications from groups and societies you are associated with for upcoming events. If there is a piece of work you wish present at a conference, please liaise with your line manager or clinical lead so we are able to assist in the process of submission.

NHS Scotland Event 2022



We're delighted to announce that the NHS Scotland Event 2022 will take place on **Tuesday 21** and **Wednesday 22 June**. Make sure to put the dates in your diary for Scotland's key networking and educational event for those who work in and with NHS Scotland. For the first time ever, the NHS Scotland Event will take place in **Aberdeen at the P&J Live**.

For all the latest news and announcements, follow us on Twitter @NHSScotEvents #nhsscot22 and please show your support in retweeting as we head towards the Event.

Fire is Everyone's Business

Compliance in fire safety training remains low. All staff are reminded that they have a statutory requirement to complete their fire safety training.

Fire safety training should be completed every year by all staff. The module can be found on LearnPro and the course code is: GGC001 Fire Safety Training.

If you do not have a LearnPro account please contact LE Support on 0141 278 2700 and choose option three. Please have your NHSGGC payroll number handy. This will be used as your personal identifier so that your completed learning can be accurately recorded. You can also speak to your line manager as face to face General Awareness Fire Training sessions are being run across all Board sites.

If you have any queries, please contact FireSafety@ggc.scot.nhs.uk



Microsoft Teams Chat Messages

From 1 March 2022 a deletion policy will be applied to all messages currently stored in Microsoft Teams Chat. The policy will apply to any chat messages created a year or more before March 2022, which will be deleted.

Going forward from March 2022 any messages created or stored in Teams Chat will be deleted on the first anniversary of their creation. The policy is being applied nationally in line with the agreed records retention policy and will help improve the management of storage space on the M365 network.

During the Covid pandemic Teams chat was used for frequent communications across the Board and as a result chat messages may contain information that would be important to the future Covid Inquiry. On that basis staff using Teams chat are asked to review their chat messages by 28 February and extract any key business, Covid related or other information that needs to be retained in line with normal retention periods.

Full details of the policy and guidance on how to save any required information can be found here [Deletion-of-Team-Chat-messages](#) . Guidance on appropriate use of Teams was issued previously and can be found here [CoreBrief-25March2021](#). If you have any questions or concerns about this policy or information to be retained please contact the Information Governance team at: data.protection@ggc.scot.nhs.uk



Important Security Notice

It is vital that we all play our part in making our facilities as safe as possible for our patients and for ourselves.

Staff should at all times remain vigilant for anyone or anything that looks out of place or suspicious in the workplace.

However, do you know what to look out for and what to do if you are concerned about any mail item or suspicious package? Information on what action to take and how to report it is available [here](#). All staff are encouraged to familiarise yourself with the [guidance](#) and associated policy, which will provide all the information you need, should you be first contact.

Remember, be alert to any suspicious behaviour or unattended packages or bags and report any such concerns to security staff, reception staff, your line manager or all three if required.

Staff are again reminded of the importance of having and wearing their photo ID badges at all times and please watch out for tailgating into staff only or restricted areas on site.

It is the responsibility of us all to take security very seriously. There is also a lot of good information on the 'Security & Threat' LearnPro module which is one of the Statutory Mandatory training modules that all staff need to complete.

Access to Study Leave, Training and Meetings

NHSGGC has approved the recommencement of access to study leave, training and conferences and face to face engagement/meetings in line with arrangements below:

Authorisation should be considered at a local service level, with a priority focussed approach and it should be ensured that all of the following has been met prior to authorisation:

- Completion of all Statutory and Mandatory training (include health and safety and role specific mandatory training) in first instance. Staff should be given appropriate time during working hours to complete this
- Essential/critical role and professional development training and development to be prioritised to allow equitable access for all
- Review and discussion of PDP/Appraisal has been undertaken with the Manager and recorded on appropriate system
- Online learning to be the default approach both internally and externally
- Ensure service contingency plans in place to ensure appropriate support and cover in place
- Prioritise training and conferences for face to face as UK based where linked to professional development.

The priority and default mode of delivery should remain online, however also approve face to face where the training enhances the learners ability ie clinical practice.

Travel Updates

M8 – Junction 25 work

Amey will be carrying out essential maintenance work on the overbridges between junction 25 (Cardonald) and junction 25a (Braehead) of the M8 motorway from 7th March – 30th June 22. This will involve lane restrictions and overnight closures during the course of the work.

[Click here for more information.](#)

Line closures on Argyle rail line

From 13 March until 8 May 2022, major improvement works on the track, tunnels and overhead line equipment between Rutherglen and the Exhibition Centre will take place, with the line closing and no services running during that time. Many services, which would normally operate via Glasgow Central Low Level, will be diverted into Glasgow Central High Level or Glasgow Queen Street Low Level. Revised services will operate on all routes during the closure, and journey times may be extended on some services to allow for trains taking a diverted route. More information is available from [ScotRail](#).

This will impact on rail travel to and from Hyndland station for Gartnavel Campus.

Request for News Stories

Do you have a great patient story to tell or a service innovation you think we should be shouting about?

Has a member of staff gone beyond the call of duty to deliver care?

Are you launching a new service/initiative or has a service reached a significant milestone?

If so, we want to hear from you!

We want you to help us spread the word about your achievements, so if you have a story you think you want to share, just drop us an email and tell us about it. Please include a few details about your idea:

Who you are

(Your job, where you work,
your contact details, the best time to get you)

A brief summary of the story

(What it's about, who's involved, the impact it's had on patients or the service you provide – that kind of thing)

Timings

(Is it urgent? Are there any key dates we should be aware of?)

Other information

(Anything else you think we should know about – for instance, is there a partnership with a university or other outside organisation? Is a patient happy to be featured as a case study?)

All information should be emailed to Julie.Fleming4@ggc.scot.nhs.uk

Staffing News



The OHD admin team who provide support to the Senior Management Team, has welcomed another new PA, Karen Boyle. We said farewell to Lilymorer Balongay, who was with us for only a few short weeks. Lily decided the post she wasn't suited to the post and returned to the administration staff bank.

Karen Boyle joins us on a temporary basis, having been seconded to OHD for a period of 12 months. Originally coming on-board as PA to the Clinical Services Manager for Primary Care and Clinical Director for Public Dental Service, Karen has been realigned to support the General Manager and Chief of Dentistry. Karen brings with her a wealth of NHS experience from Hunter Street Homeless Services and is providing to be a real asset to the team.

To continue to provide support to wider Primary Care Services, Karen Nelson has moved to a governance role on a temporary basis. Karen is wished well in her endeavours.



The Directorate wish to extend a warm welcome to new staff: Elena Basley – Dental Officer; Jade Jamieson – Dental Nurse; and Alex Willis – Dental Health Support Worker, supporting the paediatric pathway.



Congratulations to Angela McKinney, who was successful in her appointment as Paediatric Senior Dental Officer.



We wish farewell to Geraldene Irving, ACD Priority Groups and Unscheduled Care who has joined NHS Lanarkshire as Clinical Director for PDS and wish her all the best for the future. We have been successful in replacing

Also moved to pastures new is Alison Fletcher, who has taken up an SDO role within Highland Health Board. Alison joined NHS GGC in 2009 and worked mostly in RAH. She was very much involved in the CT training programme. We wish Alison lots of luck and best wishes in her new role, where we are sure she will be a great asset to the department.



Here is the newest member to the SE Team... beautiful baby boy Leo! Congratulations Ewelina!

Organisational Development – Farewell to Linda Tindall

Finally after 26 years' service across the Health Board, including working in Mental Health, Inverclyde and East Renfrewshire, we said a sad farewell to Linda Tindall as she takes well-earned retirement. Many of you will have crossed paths with Linda since she moved to provide Senior OD support to East Dunbartonshire HSCP and Oral Health in 2016, and have been regaled with stories and anecdotes about the Aston Journey, Operating Principals, Myers Briggs and much, much more. We owe a lot to Linda in getting OHD the benefits and successes from i-Matter, her persistence and perseverance have paid dividends in helping us get the results we have. A big thank you to Linda for all her help and support in helping build high functioning teams across the Directorate. We wish you all the best for the future and hope you enjoy your new found time with family, in particular your grandchildren making lots of new memories. We said goodbye to Linda at our recent OHD SMT meeting over a virtual cuppa and a joined colleagues from East Dun for a wee farewell dinner.



Healthy Working Lives



Guided Health Walks

During March we are offering you the chance to join one of our Health Walks on a weekday. [Click here](#) to find out more. We're here to inspire and encourage you to embrace the season and get the most out of your walking experience.

At Work Too; Kit – Health at Hand™ Interactive Webinar

Take part in a one hour interactive online training session which Scottish Ballet. Discover why movement and breathing can regulate high stress states. To book a place [click here](#).

Sessions are available: Tuesday 8th March 13:30-14:30 | Tuesday 29th March 09:30-10:30

Active Staff Classes – March 2022 [Timetable](#)

With a mixture of live early morning and evening classes streamed by instructors over [Microsoft Teams](#) to the comfort of your home we hope we have [something on offer](#) for all levels and for you to enjoy. To book in, it couldn't be easier. All you need to do is [register online](#), it's all completely FREE!!

Communication Skills online workshop

For listening and responding to people who are worried or distressed

SAGE & THYME workshops support all clinical and non-clinical staff in using the skills needed to notice distress, listen carefully and respond helpfully. Each 2hr 45 minute online workshop demonstrates the communication skills required to provide person-centred support and offers a structured approach for dealing with the concerns of patients and their carers. The workshop uses a mixture of small group work, lectures and videos. The workshop is delivered online via Zoom.

To register for a SAGE & THYME online workshop you must:

- Work in health or social care
- Have access to a PC/Laptop/Tablet with a webcam and microphone (Smartphones not suitable)

This training is open to all and is free for staff who work in NHS Greater Glasgow & Clyde, Local Authority Care Homes and Hospices. For all others there is a fee of £40.00 per person. For further information on the workshop please contact: PallCarePracticeDev@ggc.scot.nhs.uk

HOW TO BOOK

For all NHS staff: [Please follow this link](#). You will be prompted to log in to eESS, then the classes page will appear where you can enrol. Please note your manager needs to approve your request to secure your booking.

- Wednesday 30th March 2022 9.30am – 12.15pm
- Tuesday 12th April 2022 9.30am – 12.15pm
- Thursday 28th April 2022 1.00pm – 3.45pm

If you have any issues logging into eESS please go to: [L&E Home page](#)

Occupational Health Psychological Therapies Service and Coaching for Wellbeing

For the attention of all East Dunbartonshire HSCP Staff - both Health and Social Work

Occupational Health Psychological Therapies Service (OHPTS)

The COVID-19 pandemic has been challenging for us all. Reports of burnout and staff feeling empty and mentally exhausted have not surprisingly increased during the pandemic. You may have found yourself working in ways that are not your normal due to staff shortages, restrictions or working in a redeployed role.

We know that many of us are feeling exhausted and would like to remind you what services have been set up for you and your colleagues. These include how to look after your own wellbeing day to day, how to support colleagues and information on how to contact the Occupational Health Psychological Therapies Service (OHPTS).

Looking after your wellbeing

Videos - 'We're exhausted! How can we keep going during the COVID-19 pandemic?' These videos are available on the NHSGGC YouTube Channel and have been created to provide some quick tips and strategies for managing your own wellbeing at this time:

[Short version](#) – Quick Tips (7 minutes)

[Longer version](#) (25 minutes)

The e-modules below are available on Turas Learn for all health and social care staff. They provide introductions to the concept of Psychological First Aid (PFA) which is a way of helping us to focus on elements of our situation that we can control, to build resilience and strengthen our coping strategies and supports.

[PFA for staff](#)

[Looking after your team – PFA for managers/leaders](#)

If you have not used Turas Learn before, you need to register at [Home | Turas | Learn \(nhs.scot\)](#). The registration form offers all locations for health and social care staff working in our HSCP.

If you feel you need support beyond the resources above, then please get in touch with us at OHPTS. ['How to access psychological support from OHPTS'](#) (1min) video lets you know how to contact us or telephone 0141 277 7623.

Coaching for Wellbeing – supporting you in challenging times.

The Coaching for Wellbeing offer is designed to support all health and social care colleagues in Scotland. This is a safe, confidential and supportive space to help you explore your wellbeing and resilience, and where relevant, discuss how to support others during current challenges. The coaching is provided by qualified and experienced coaches.

More information is available at

[Coaching for Wellbeing Information Pack](#)

[Sign up for coaching support](#)

[National Wellbeing Hub](#)